

# november 2023

## main breakfast

monday	tuesday	wednesday	thursday	friday
French Toast Sticks	Bacon, Egg & Cheese Breakfast Sandwich	Sausage & Cheese Breakfast Pizza	Sausage, Egg & Cheese Breakfast Sandwich	Pancake-Wrapped Sausage Bites

## main lunch

monday	tuesday	wednesday	thursday	friday
30 Grilled Cheese Tater Tots	31 Beefy Nachos Salsa	1 General Tso's Chicken & Fried Rice Roasted Edamame	2 Pasta with Meatballs & a Roll Green Beans	3 Homemade Cheese or Pepperoni Pizza Tossed Salad & Tater Tots
6 Deli Sub Fresh Veggies & Hummus	7 Homemade Mac & Cheese Steamed Carrots	8 turkey feast Hand Carved Turkey Stuffing & Mashed Potatoes	9 Pasta with Meatballs & a Roll Green Beans	10 Homemade Cheese or Pepperoni Pizza Tossed Salad & Tater Tots
13 Mini Corn Dogs Sweet Potato Fries	14 Beef & Cheese Burrito Refried Beans	15 Cherry Blossom Chicken & Fried Rice Sesame Ginger Slaw	16 Pasta with Meatballs & a Roll Green Beans	17 Homemade Cheese or Pepperoni Pizza Tossed Salad & Fries
20 Cheesy Italian Dunkers & Dipping Sauce Steamed Carrots	21 Walking Taco Black Bean Salsa	<b>Give thanks to the Lord, for He is good.</b> -Psalm 107:1		24 
27 Chicken & Waffles Tater Tots	28 Pepperoni Roll & Dipping Sauce Steamed Carrots	29 Teriyaki Chicken & Fried Rice Roasted Edamame	30 Pasta with Meatballs & a Roll Green Beans	1 Homemade Cheese or Pepperoni Pizza Tossed Salad & Tater Tots

### Meal Prices

	Breakfast	Lunch
Paid (Tier 1)	\$2.25	\$3.75
Paid (Tier 2)	-	\$3.25
Reduced	\$0.00	\$0.00
Free	\$0.00	\$0.00
Adult	\$2.65	\$4.65

### Breakfast Meals

As a Meal	Paid	Reduced	Free
	\$2.25	\$0.00	\$0.00

Choice of the daily Main Breakfast Entrée or any entrée listed under Breakfast Entrée Options.

Includes your choice of up to two servings of fruits (one may be a juice), plus a milk. At least one fruit or juice must be selected to count as a meal.

### Lunch Meals

Tier 1 Meal	Paid	Reduced	Free
	\$3.75	\$0.00	\$0.00

Choose the daily Main Entrée or substitute any entrée under Salads & Wraps.

Includes your choice of up to two servings of veggies, plus up to two servings of fruits (one may be a juice), plus a milk. At least one fruit, juice, or veggie must be selected to count as a meal.

Tier 2 Meal	Paid	Reduced	Free
	\$3.25	\$0.00	\$0.00

Choose from any entrée listed under Sandwiches and Such.

Includes your choice of up to two servings of veggies, plus up to two servings of fruits (one may be a juice), plus a milk. At least one fruit, juice, or veggie must be selected to count as a meal.

### Breakfast Entrée Options

Asst'd Cereal Asst'd Pastries  
Uncrustable (1)

### Lunch Entrée Options

#### Salads & Wraps

Chef Salad  
Crispy Chicken Salad (Spicy or Reg)  
Crispy Chicken Wrap (Spicy or Reg)

#### Sandwiches & Such

Cheeseburger Crispy Chix Sand  
Hot Dogs (2) Uncrustables (2)  
Breaded Mozzarella Sticks (6)

### Daily Fruits & Veggies

Asst'd Fresh Fruit Asst'd Apple Sauce  
Asst'd Frozen Fruit Asst'd Canned Fruit  
Asst'd Dried Fruit Asst'd Fruit Juice  
Asst'd Fresh Veggies

### Sides & Such

A la Carte Breakfast Entrée	\$2.25
A la Carte Lunch Entrée	\$3.25
A la Carte Salads & Wraps	\$3.75
Additional Breakfast Entrée with Meal	
Main Entrée	\$2.00
Alternate Entree	\$1.50
Additional Lunch Entrée with Meal	
Main Entrée or Sandwich	\$2.75
Salad or Wrap	\$3.75
Double Pasta or Pizza	\$1.50
Extra Meatballs (each)	\$0.75
Side of Fruit or Veggies	\$0.50
French Fries or Tater Tots	\$1.50
Cookie	\$0.75

### Beverages

Milk	\$0.50
Juice	\$0.50
Bottled Water	\$1.25
Canned Soda	\$1.25
Bottled Iced Tea	\$1.25

Manage student cafeteria accounts and apply online for free and reduced meals!

PaySchools Central



Scan with your camera app, or visit [PaySchoolsCentral.com](https://PaySchoolsCentral.com)



This Institution is an Equal Opportunity Provider.

Visit and subscribe to our [linktr.ee](https://linktr.ee) for menus and important updates and info!

Ursuline.Irish.Cafe



Scan with your camera app, or visit [linktr.ee/Ursuline.Irish.Cafe](https://linktr.ee/Ursuline.Irish.Cafe)